



**unitar**  
United Nations Institute for Training and Research



From  
the People of Japan

Online Course

# Youth Leaders for World Tsunami Awareness Day 2026

**Are you a young person in the Asia-Pacific region who is interested in disaster risk reduction, sustainable development or community engagement?**

Then join this free 4-week online course to learn how disasters affect communities, explore lessons from Japan and across the Asia-Pacific region, and connect with fellow young people who are passionate about creating a safer and more resilient future.



## Programme Details

- Course Period: 1 – 30 September 2026
- Format: Online
- Cost: Free of charge



## Participating Countries

Brunei Darussalam, Cambodia, China, Fiji, Federated States of Micronesia, Indonesia, Japan, Lao PDR, Malaysia, Philippines, Republic of Korea, Singapore, Thailand, and Viet Nam



## Who Can Apply

- Youth aged 14-25
- Be from a participating country
- Be able to participate in English

Offered by the United Nations Institute for Training and Research (UNITAR)  
with the generous support of the Government and the People of Japan.

**Application Deadline**  
14 August 2026 (11:59 p.m. JST / UTC+9)

**Contact Us**  
tsunami-youth@unitar.org

**Apply Now**  
Complete the form via  
the link below or scan the  
QR code

[bit.ly/4f9b1M9](https://bit.ly/4f9b1M9)



## What You Will Complete

- Self-paced online modules that can be completed anytime on your smartphone, tablet or computer
- Three webinars with experts from UN agencies and across the Asia-Pacific region



## What You Will Gain



- Foundational knowledge about disaster risk reduction, preparedness and resilience
- Insights from experts and real-world disaster case studies
- Access to an online youth community for networking and peer exchange
- Official UNITAR Certificate of Participation

## Course Content

### **Week 1: Understanding Disaster Risk Reduction**

Introduction to disaster risk reduction, the Sendai Framework and the SDGs



### **Week 2: Learning from Japan's Experience**

Lessons from the Great East Japan Earthquake and Tsunami



### **Week 3: Learning from Disasters Across the Asia-Pacific**

Regional case studies, climate change and DRR, and the role of youth



### **Week 4: Preparing for Future Disasters**

"Leave No One Behind", community resilience, and "Build Back Better"

