COVID-19 PREPAREDNESS AND RESPONSE IN PLACES OF DETENTION

PRISONER BRIEF 2

MAKE SPACE
If there are several prisoners in your cell/dormitory, create distance as much as possible and sleep by alternating your sleep position.

PREVENT
Wash your hands, body, clothes, and bedding regularly with soap and water.

WATCH OUT
Don’t cover your windows and cell door. Encourage airflow to ventilate.

CLEAN
If you or your dormitory/cell run out of cleaning supplies, ask prison staff for more.

DO NOT
Avoid sharing water bottles, eating utensils, dishes, and cups.

TAKE CARE
Clean your dormitory/cell more frequently with soap and water.

HELP
If you feel ill or see another prisoner with symptoms, keep your distance and report to prison staff immediately. If you have any questions, ask prison staff!