

- **Group Title:**

Mental Well-Being Interventions

- **Group Members:**

1. Leader:
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2. Members:
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- **Project Background:**

The team has observed a significant surge in global mental health issues, exacerbated by factors such as the digital age, economic instability, and the COVID-19 pandemic. These challenges have been intensified by cultural stigma and privacy concerns, which create substantial barriers to accessing traditional offline mental health interventions.

- **Solution:**

The team developed a national invention patent in China that uses AI to analyze multi-modal psychological data, aiming to deliver effective and privacy-focused mental health solutions. This innovation is applied to user data collected from our WeChat Mini App and its corresponding website, enabling comprehensive mental health assessments. Additionally, we collaborate with renowned Chinese social enterprises to offer post-assessment offline positive psychological interventions. This approach ensures continuous support, scalability, and the development of a closed-loop service model.

- **Project Impact:**

The project aligns with UN Sustainable Development Goal 3, focusing on good health and well-being. It has positively impacted over **500,000** people globally, with a particular emphasis on vulnerable groups like "left-behind" children in rural China. The initiative has received recognition from prominent Chinese government media and plans to expand its reach through local service stations and enhanced online international support.